

**CITY OF RYE
MEMORANDUM**

TO: Honorable Mayor and Council Members

FROM: Marcus Serrano, City Manager

SUBJECT: Enclosures - Council Packet

DATE: October 9, 2015

Enclosed with this memorandum are the following items:

- 10-6 Notice from the Westchester County Department of Health regarding free flu shots to be available at the County Center and the Health Department Clinic in White Plains.
- 10-7 Notice regarding a Rye City School District Board of Education meeting to be held on Tuesday, October 13, 2015 beginning at 7:30 p.m. in the Rye Middle School Multipurpose Room.
- 10-8 Notice from the Bird Homestead regarding a lecture entitled “the Billion Oyster Project” to be held at the Rye Meeting House on Saturday, October 24, 2015 beginning at 3:00 p.m.
- 10-9 Meeting notice for the week of October 13, 2015 is available on the City website www.ryeny.gov under Calendar.



Robert P. Astorino, Westchester County Executive

NEWS RELEASE

Sherlita Amler, MD, Commissioner, Department of Health

Ned McCormack, Communications Director

Contact: Caren Halbfinger (914) 813-5013 / after hours: 813-5000

For Immediate Release: Oct. 8, 2015

ASTORINO ANNOUNCES FREE FALL FLU SHOTS Health Commissioner Urges All Residents to Get Vaccinated

The Westchester County Health Department will give free flu shots to residents by appointment at vaccine clinics in White Plains and Yonkers this month and next month.

“Scheduling a flu shot early in the season for you and your family is a smart preventative measure to stay healthy throughout the year,” said County Executive Robert P. Astorino.

Choose among these three locations and schedule a visit:

- Nov. 10 from 10 a.m. to 6 p.m. at the County Center in White Plains: Go to <http://health.ny.gov/Go2Clinic> and click on Westchester or call 995-7425.
- 1st and 3rd Fridays at the health department clinic in White Plains, 9 a.m. to 3 p.m., call 995-5800.
- 2nd and 4th Fridays at the health department clinic in Yonkers: 9 a.m. to 3 p.m., call 231-2500.

“The sooner you get a flu shot, the longer you will benefit from it during flu season, which can last from October to May,” said Health Commissioner Sherlita Amler, MD. “It’s also important to know that you need a flu shot every year and that even healthy people can get very sick from the flu and spread it to others.”

Flu shots are recommended for everyone over six months of age, with rare exceptions. People most at risk for complications from the flu include pregnant women, adults age 65 and older, children under the age of five, residents of nursing homes and other long-term care facilities and anyone who has certain underlying medical conditions, such as asthma, heart disease or diabetes.

To avoid spreading the flu, cough or sneeze into your elbow and wash your hands frequently with soap and water frequently. If you do get a respiratory infection, stay home until 24 hours after your fever subsides to avoid spreading your germs. Clean surfaces you touch often, such as doorknobs, water faucets, refrigerator handles and telephones. Get plenty of rest, exercise and eat healthy food.

For more health information, go to www.westchestergov.com/health; Like us on [Facebook.com/wchealthdept](https://www.facebook.com/wchealthdept) and Follow us on [Twitter @wchealthdept](https://twitter.com/wchealthdept).



Westchester
gov.com Robert P. Astorino
Westchester County Executive

GET YOUR **FREE** FLU SHOT



**FIGHT
THE
FLU**

WHO: Westchester County residents
3 years of age and older

WHEN: November 10, 2015
10 AM - 6 PM

WHERE: Westchester County Center
198 Central Ave
White Plains, NY

HOW: Register at
<http://www.health.ny.gov/Go2Clinic>
or call (914) 995-7425

Flu shots will also be available on Fridays in October and November by making an appointment at one of the Health Department Clinics.
In White Plains, call 995-5800 for an appointment at the 134 Court St. Clinic
In Yonkers, call 231-2500 for an appointment at the 20 S. Broadway Clinic

Westchester County Department of Health
Sherlita Amler, MD, Commissioner



The Rye City School District

411 Theodore Fremd Avenue, Suite 100S

Rye, New York 10580

Tel: (914) 967-6100 Ext. 6278 Fax: (914) 967-6957

Elaine Cuglietto

District Clerk

cugliete@ryeschools.org

October 7, 2015

FOR IMMEDIATE RELEASE

October 13, 2015 Board of Education Meeting

The Rye City School District Board of Education will meet **Tuesday, October 13, 2015** beginning at 7:30 PM in the Rye Middle School Multipurpose Room.

Prior to the meeting, beginning at 7:00 p.m. the Board will meet in Executive Session at Rye Middle School Multipurpose Room for the review of the employment history of current and prospective employees, negotiations pursuant to the Taylor Law, review of current litigation and litigation strategy.

On the agenda, are business and personnel items that normally come before the Board.

In addition, there will be two curriculum presentations:

Latin 6 and Algebra 1 & 2

Members of the public are welcome and encouraged to attend this meeting of the Board and to speak at designated times.

THE BIRD HOMESTEAD PRESENTS

The Billion Oyster Project
an ecosystem and educational project for NY harbor



A Lecture by Project Director, Peter Malinowski

3pm Saturday, October 24th
At The Meeting House, 624 Milton Road, Rye, NY.
Admission free. Donations gratefully accepted.



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